



# Take Action!

## Youth

You are young, concerned, fired-up and ambitious. You ask questions and embrace alternatives. You make sustainability a part of your daily life. You are experimenting with how to live. You are making urgent demands to politicians and decision makers to take action. You are learning and building skills.

### Resources for you:

Resources from OneEarth Living, with partners:

- Sustainable Lifestyles: Options and Opportunities – a sample of proven actions creating and inspiring more sustainable lifestyles in a **city / community** or in a **workplace**.
- **Lighter Living Action Pack for Neighbourhoods** – a toolkit for making a difference where you live and high impact actions you can take by yourself, with a few others or with your neighbourhood.
- **Global Survey on Sustainable Lifestyles** – a survey of 8,000 young adults from 20 countries that reflects that young people want to be a force for change and create their own vision of sustainable development, want local options they can include in their daily lives, need to build trust for participation, and engage in research and education for sustainable lifestyles.

Other resources:

- **Question Consumption** – a series of blogs written by youth thinking creatively about how to reduce and shift consumption, in ways that benefit personal well-being and the environment.
- **Intersectional Environmentalist** – a climate justice collective radically imagining a more equitable and diverse future of environmentalism.
- **YouthXChange Initiative** – an initiative created by UN Environment and UNESCO to promote sustainable lifestyles among youth (aged 15-24) through education, dialogue, awareness-raising and capacity-building including a series of guidebooks on **climate and lifestyles**, **biodiversity and lifestyles**, and **green skills and lifestyles**.
- **Regeneration 2030** – a youth movement for sustainability in the Nordic and Baltic Regions also focused on consumption and lifestyles.
- **Fridays for Future** – a youth-led and -organised movement to protest against the lack of action on the climate crisis.

Let us know what you find useful. Share with others and send us your suggestions at [OneEarthLiving.Org/contact-us](https://OneEarthLiving.Org/contact-us)

Follow this link to learn more:

