



# Take Action!

## Individual / Household

You are doing your part. You align your choices and daily practices to lessen your impact on the environment. You want to make a difference. You join forces with others. You want to use your talents, your voice, your skills and your way of living for climate, equity and nature.

### Resources for you:

Resources from OneEarth Living, with partners:

- Sustainable Lifestyles: Options and Opportunities – a sample of proven actions creating and inspiring more sustainable lifestyles in a **city / community** or in a **workplace** across food, mobility, housing, goods, leisure and general sustainable living areas.
- **Lighter Living Action Pack for Neighbourhoods** – a toolkit for making a difference where you live and high impact actions you can take by yourself, with a few others or with your neighbourhood.

Other resources:

- **Changemaker Quiz** – a quiz by the **Story of Stuff** that explores how you show up in the world and what role you can play in your community for change.
- **Footprint calculator** and **Earth Overshoot Day solutions** by the Global Footprint Network to assess your impact on the environment and be part of the #MovetheDate campaign to turn natural resource consumption trends toward improving the quality of life for all people and for the planet. See the Lighter Footprint App for British Columbia based calculator and solutions.
- **Top 10 things you can do to stop climate change** – David Suzuki Foundation in Canada – a powerful list of big actions individuals can take.
- **Anatomy of Action** – a handy action set for everyday sustainable living that identifies the top level changes any individual can make to support sustainability.
- **Good Life Goals** – 85 ways individual action contributes towards the huge, planet-changing objectives at the heart of the Sustainable Development Goals.

Let us know what you find useful. Share with others and send us your suggestions at [OneEarthLiving.Org/contact-us](https://OneEarthLiving.Org/contact-us)

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